



SAY HELLO TO MEDEMPower FUEL™

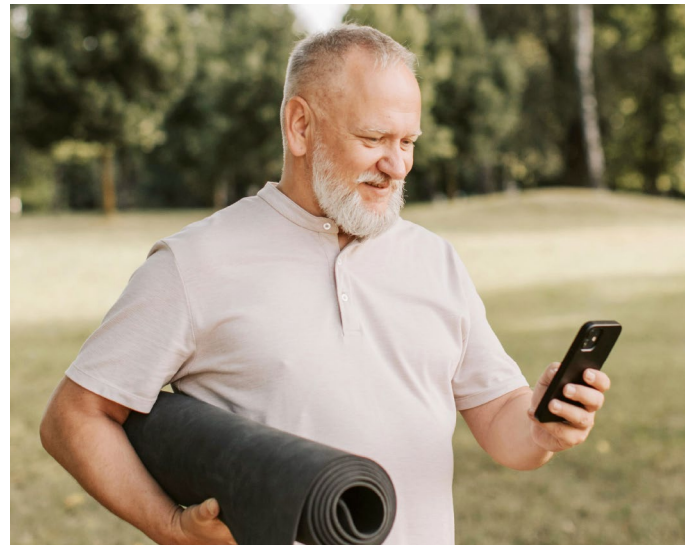
Your personalized health and wellness mobile application.

As part of your health benefits, your prescription benefit manager, MedImpact, is now offering MedEmpower Fuel, a mobile app that helps you lead a healthier lifestyle with nutrition and wellness guidance personalized by your preferences and habits. The app is available to you at no cost.

The app can help motivate you with:

- Tailored nutritional guidance based on your health conditions, dietary concerns, and personal goals.
- Healthy recipe recommendations, meal planning, and grocery list creation.
- Links to order groceries directly from nearby grocery stores.
- National restaurant chain nutrition information and recommended "Better For You Options".
- Barcode scanning to view healthier options and nutrition information.
- Tracking of goal progress in key areas, including nutrition, activity, weight, cholesterol, blood pressure, blood sugar, A1C, hydration, activity, focus, and sleep.
- Fun ways to earn points and badges, daily and weekly challenges, and sharing your progress with other Fuel users on the optional leaderboard.

Changing your lifestyle can be challenging, but there are tools to make it easier and more rewarding. MedEmpower Fuel connects with Apple Health, and Fitbit, allowing you to track many health indicators with the tools you may already have. With MedEmpower Fuel, building healthy habits is simple and fun.



GET STARTED

1. Visit the App or Google Play store on your smartphone or scan the QR code below to download MedEmpower Fuel.
2. Open the app and register for an account by entering your information as it appears on your prescription benefit member ID card, including:
 - Your name
 - Your prescription benefit group number
 - Your prescription benefit member ID number
3. Begin your personalized health and wellness journey!

